

Multi-disciplinary team in-reach support

Poi is an initiative by Auckland's Specialist Hospices to help general practice and residential care providers deliver the best possible quality of life for patients and their family/whānau during a person's final months.

General practice and residential care joining Poi will build skills and confidence in palliative care. Poi enables:

- Consistent identification of people with palliative needs
- Payments for the development of a simple palliative plan with patient and whānau
- Discussion with the Poi Clinical teams
- Improved linkages to community support for your patients
- Opportunities to access coaching and support packages to build palliative care skills.

The local hospice Poi Multi-disciplinary Team In-reach (MDT-IR) provides "hands with" packages of coaching and training support to build on the existing capability of general practice and residential care providers to deliver holistic palliative care to patients.

Poi MDT In-reach to support local needs within a regional system



Working with residential care and general practice

A large number of patients who would benefit from a palliative care approach are living in the community or residential care facilities and many providers have experience and expertise in providing this care. The Poi MDT-IR service is intended to work **with** facilities and general practice teams to understand how they work, their needs and to develop their existing capacity and capability to provide holistic palliative care.



Providing tailored packages of support

The Poi MDT-IR service engages with general practice and residential care facilities to support capability and capacity development. This is tailored to the needs and context of each provider/facility. This may include:

- Policy review and advice
- Shared case review and debriefs
- On-site education sessions
- Coaching and advice.



The Poi MDT-IR service draws from a wide range of skills and expertise, including specialist medical, nursing and psychosocial skills in palliative care. The teams support a range of content areas depending on the topics that are most relevant to each residential care facility or primary care practice. Content areas may include:

- Diagnosing dying and introducing a palliative care approach
- Medical pain and symptom assessment, medications and care delivery
- Psychosocial-spiritual-cultural assessment and care delivery for patients and their family/whānau
- Post-death and grief care for families, whānau and staff.

Your local hospice Poi Clinical team is happy to talk to you about how the MDT-IR service can best support you to provide holistic palliative care as part of the system. Please get in touch.

For more information on Poi:

- Visit the Poi webpage on the POAC infrastructure at www.poiauckland.co.nz
- Contact your local hospice MDT

Tōtara: Poiadmin@hospice.co.nz

Franklin: Poiadmin@franklinhospice.org.nz

Mercy: Poiadmin@mh.org.nz

Hospice West: Poiadmin@hwa.org.nz

Harbour Hospice (North Shore, Hibiscus, Warkworth & Wellsford):

Poiadmin@harbourhospice.org.nz